

## Teaching /Training

Over the last 20 years I have been involved in the teaching and training of other clinicians, educators, and mental health professionals. During this time I have researched and written on many of the following subjects.

Here are a few examples of presentations, which reflect my interests. Presentations and Workshops

### Dance/Movement therapy with specific populations

- Use of Dance/Movement Therapy in Addictions Treatment
- Dance/Movement Therapy in Jail: Intervening in the Cycle of Addiction, Violence and Shame
- Dance/Movement Therapy as a Creative Arts Therapy Approach in Prison to the Treatment of Violence
- Dance/Movement Therapist as Trainer and Consultant

### Experiential Approaches in Therapy

- Experiential Approaches in Therapy
- Using Movement and Non-Verbal Techniques in Addictions Treatment
- Using Non-Verbal Approaches in Counseling
- Sandtray Therapy

### Women and Shame

- A Therapists Guide to Working with Women and Shame
- Women and Shame
- Treatment of Shame in a Jail Addictions Program

### Miscellaneous

- Women in Transition
- Creative Arts Therapies in Forensic Settings
- Experiential Supervision
- Kinesthetic Empathy and Somatic Countertransference
- Use of Expressive Arts in Counseling

### Create Therapy Institute

In 1994, I co- founded the Create Therapy Institute to offer workshops, courses and forums on experiential approaches and the use of the expressive arts in therapy, education and healing. CTI's mission is based on the belief in the importance of ongoing learning and professional exchange and enhancement.